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HALF LIGHTLY COLONOSCOPY PREP – Day of Exam

Mr./Mrs./Ms _____ has an appointment for colonoscopy
on _____ at _____

This procedure is an examination of the entire colon, or large bowel. It is designed to help explain symptoms such as bleeding, change in bowel habits or abdominal pain. It permits the taking of biopsies and the removal of polyps, if any are found. You will be asked to sign a standard consent form. Like other invasive procedures in medicine, there is a small but real risk to colonoscopy which includes bleeding, infection and perforation. By signing the form you are acknowledging that you are aware of this. Please feel free to ask any questions.

In order for the colonoscopy to be successful, the following preparation is required:

Please follow the instructions carefully. Feel free to contact Dr. Tenner if there are any questions. 5 days prior to the exam discontinue the following medications: aspirin, aleve, advil, motrin, ibuprofen, plavix, coumadin (these medications interfere with the procedure by promoting bleeding. For pain, ONLY **TYLENOL IS SAFE**. Discontinue iron supplements.

- 1. PURCHASE: 1 Bottle of Citroma (Mg Citrate) and Half Lightly Bowel Prep Kit**
- 2. Day Before Exam: Stop eating solid food at 6 pm**
- 3. At 7 pm, Drink 1 Bottle of CITROMA (available over the counter)
(Do Not Use Cherry Flavored Citroma).**

**DAY OF EXAM: NO SOLID FOOD. DRINK LARGE AMOUNT OF LIQUIDS.
You can consume only clear liquids all day (broth, tea, apple juice, soda, lemon ices)**

- 4. At 7 am, Take 4 Bisacodyl tablets with water. Fill Half Lightly with Water.**
- 5. At 9 am, Drink entire half gallon over 2 hours.**

Take all medications (except medications for diabetes).

Do not take tranquilizers or sedatives the day of exam.

YOU CANNOT DRIVE OR OPERATE MACHINERY FOLLOWING THE EXAM.